



CRYO (FREEZING) POST-OP INSTRUCTIONS

The area frozen may blister and or form a blood blister. If the blister is bothersome, you may drain it using a sterile needle, piercing it from the side. Afterwards apply Polysporin ointment, if you are not allergic to it, and cover with a bandaid. If you have drained the blister, then cleanse the area once or twice a day with mild soap and water and apply Polysporin ointment, apply a bandage or bandaid.

The area may not form a blister, but may form a crust after several days. If this occurs, cleanse the area once or twice a day with mild soap and water, and apply Polysporin ointment.

If redness extends out from the area frozen or there is excessive discharge, please call our office for further instructions.

*Take Tylenol Extra Strength for discomfort, unless contraindicated.

IN CASE OF EMERGENCY, PHONE:
724-837-5810 (AFTER OFFICE HOURS, CALL: 724-830-8983)